



Produce Supply Update September 16nd, 2019

Good Morning!

NC growers are really cranking out the squash, zucchini, and cucumbers in big numbers. We've also received local Butternut squash for those fall menus!

California's strawberry deal is improving with the move to more northern growing areas. Quality has been pretty iffy for the past few weeks due to the high field heat. The move north will allow the fruit to grow more slowly and look prettier as a result. The downside is that volume is lower and pricing will start easing up with the shorter supplies.

Heat in California broccoli fields is really shutting down their season. Supplies are extremely tight and orders are being cut to about 10% of what we normally get for this coming week. Expect to see higher pricing and less availability until things cool back down for them.

Post-holiday demand will be sluggish for most lettuces and likely drive the market downwards for iceberg, romaine, and leaf lettuces. Quality has been really nice.

Apple season is getting started in California and Washington State. Even eastern apple growers in Georgia, NC, and Virginia are picking and packing apples. It's hard to believe that Fall is already almost here. We have several varieties of local apples and will be receiving others as their season goes along. Call us for details.



Mexican Lime groves have been seeing a lot of shortages with heat causing quality issues and shortening the supplies able to be harvested. Pricing has been rising for the past couple of weeks as a result.

Cabbage volumes are finally catching up with demand. Improved supplies and stronger harvests from several area have pricing way down for this week.

Don't forget about our extensive list of Dry Good Essentials! We have all kinds of stuff and offer convenient ordering and one less vendor to deal with. We have a full line of compostable disposables too. Plus our prices are great!



Our organic greenhouse is really cranking out the chard, both red and rainbow colors. We are also planting lettuce and doing some test grows of microgreens that we're excited to offer in about 3 weeks!

My wife always yells at me for not knowing how to properly season my food, but I don't mind. I take it with a pinch of sugar.

Thank You For Trusting Us With Your Business!

Have a Great Week!!

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